

# FUSION PLASMA AFTERCARE

Fusion Plasma treatments are aimed at tightening the skin, improving acne scarring, reducing pigmentation and many other skin concerns. This non-invasive treatment helps to tighten and improve texture, tone and clarity of the skin.

Like most skin rejuvenation treatments, there may be some side-effects post-treatment and recovery from your Fusion Plasma treatment. You must follow these important guidelines carefully if you wish to enjoy optimal results and protect your investment in your treatment. Although for most the Fusion Plasma treatment is virtually pain-free, your own treatment may be uncomfortable and sensitive depending on where you are being treated – especially eyelid procedures where the skin is at its thinnest – and your own sensitivities and tolerances.

This treatment is perform in strict compliance with all hygiene and health protection measures and despite staff expertise, injury is possible, but rare. Although the most advanced and top-quality products are used allergic reactions are possible but rare.

During this procedure, the skin will be red and flushing like a moderate sunburn. You may feel skin tightness and mild sensitivity to the touch in the area treated but the effects will diminish greatly a few hours following treatment and within the next 24 hours this skin will be healed over, although the healing below the surface will continue for up to 3 months. After 3 to 4 days any visible erythema will be gone. Clusters of yellowish or red spots can appear in the treated area and may remain visible for up to 5 days. Eyelids may get swollen and become red after the treatment and you may experience tingling. Side effects should disappear within 5 to 7 days.

Fusion Plasma Skin Tightening is an art process - not an exact science – and we cannot guarantee an exact shrinkage result due to skin elasticity and individual healing process. Results may differ due to different skin types. One treatment is usually enough to achieve great results, however desired results may take multiple treatments. A follow up appointment is optional to determine if any additional treatments are necessary. Treatments should be done at least two weeks apart and results are expected to last 6 to 9 months as the skin will still go through the aging process. Home care with professional products is encouraged to help maintain the results of your investment and help slow the aging process.

Fusion Plasma treatment leads to skin injury. Therefore, it is important to nurture your skin carefully and gently after the treatment to allow healing without complications. Do not wash your face at least five hours, optimally 12 hours, after treatment to ensure best results. Do not use any other creams during the healing process except for what is provided at your treatment.

Do not apply makeup on the facial skin including eyelids for 48 hours after the treatment.

In the first week after the treatment, do not expose treatment area to direct sunlight, wear a hat, and avoid public bathing, sunbathing, tanning, sauna, beauty treatments and sweating. Keep area clean. Inadequate aftercare procedures in healing phase of the skin can lead to poor results and all persons representing the company cannot be liable for it. Re-Vision Ink, LLC. and all other persons representing the company, cannot be liable in case of improper post treatment care by client.

#### **RISKS**

Even if the therapy is carried out in the correct manner there are certain risks, which include, but are not limited to: Intolerance of the local anesthetic, wound infection, wound healing disorders, scarring (extremely rare), pigment disorder (hyper/hypopigmentation). Sunscreen SPF 30 and above should be used for at least 2-4 weeks after treatment.

#### **BEFORE YOUR TREATMENT**

1. Avoid any kind of tanning (Spray tanning, tanning injections, sun tanning and tanning beds) for 2 to 4 weeks before your treatment. Ideally, you should try to use SPF3O to prep your skin for 2 to 4 weeks before your



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treatment, especially if you are naturally darker skinned. You may even wish to consider using a natural Tyrosinase Inhibitor to helps ensure there is no overproduction of pigment in the skin (aka. Hyperpigmentation).

- 2. Avoid any other type of procedures on the same area which you intend to have treated with Fusion Plasma such as laser therapy, chemical peels, Botox, fillers, as this may prevent your treatment being performed by your technician at the time you want it.
  - No facial acids (Retin A, salicylic, glycolic) 14 days before or 21 days after Fusion Plasma.
  - No Botox or fillers 21 days before or after Fusion Plasma.
  - No Microneedling/PRP 21 days before or after Fusion Plasma.
  - No laser or peels (depending on intensity of peel) for 90 days before or after Fusion Plasma.

#### **IMMEDIATELY FOLLOWING TREATMENT**

- 1. You may experience a "stinging" sensation in the treated area(s) immediately after treatment. This is normal and it generally only lasts for about an hour.
- 2. If the treated area is swollen, you may use cool compress, fan, or blow cold air on your skin (cold button on some blow dryers, fans, car a/c). Avoid taking anti-inflammatory medications like aspirin, ibuprofen or steroids if possible.
- 3. If you are receiving a Fusion Plasma treatment anywhere on your face or neck, we recommend you sleep on your back with your head elevated to reduce swelling.
- 4. Do NOT cleanse the treated area until the following day or as instructed. When cleansing, only use cleanser provided with home care.
- 5. Do NOT exercise for 48 hours after treatment or expose yourself to any heat, steam or sweat because this can intensify the inflammation that's already present.
- 6. Your technician will provide you with after care products and instructions. You must follow the provided aftercare protocol to expedite the healing process and avoid complications.
- 7. The area that has been treated must NOT be covered with occlusive dressing or any type of sunblock, makeup, mascara, creams or any other products until the area has fully healed. Many ingredients in skin care products and cosmetics can irritate skin and cause allergic reactions. Ultimately this will slow you're your healing process and possibly impede desired results.
- 8. It is highly unlikely you will ever get an infection from a Fusion Plasma treatment, as the wound we cause is not open. However, the first 12 hours post-treatment is vital in protecting you from any potential infection, so please avoid any activities where you could expose yourself to contaminants. Keeping hands off of anything that comes in contact with the treatment area.
- 9. You may return to work the following day. However, you may not look your absolute best during the initial healing process (approximately 1-2 days).
- 10. Expect redness, swelling and inflammation for the first 1 to 3 days post-treatment depending on the area being treated. This is normal but will usually be of a very minor nature.
- 11. If you have any concerns, contact your technician.

### **POST CARE INSTRUCTIONS:**

<u>Immediately after treatment</u>: Do not wash your face for at least 5 hours and preferably not until 12 hours after treatment. Gently wash with post care cleanser, dabbing cleanser on face using your fingertips only. DO NOT RUB HARD. Rinse with a very wet wash cloth, gently dabbing to remove cleanser. Again, DO NOT RUB HARD. Gently pat skin dry. After cleansing, do not apply anything else to your skin for 24 Hours after treatment.

At night: Gently cleanse as explained above. Pat skin dry. Depending are area(s) treated, apply 2-3 pumps of Growth Factor Gel to affected area followed with 1-2 pumps of Vital Wound Relief mixed with 1-2 pumps of Therapy E. Pat onto skin, do not rub.

In the mornings: Gently cleanse skin as explained above and pat skin dry, apply Growth Factor Gel and Vital Wound/Therapy E mixture to skin. You may use the Vital Wound/Therapy E mixture throughout the day as needed,



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but do not over saturate the skin. This step is for comfort only. If you have no discomfort, only use morning and night. Follow this routine for 5 days post procedure or until skin no longer feels tender. Do not use regular home care products on treated areas during the healing process.